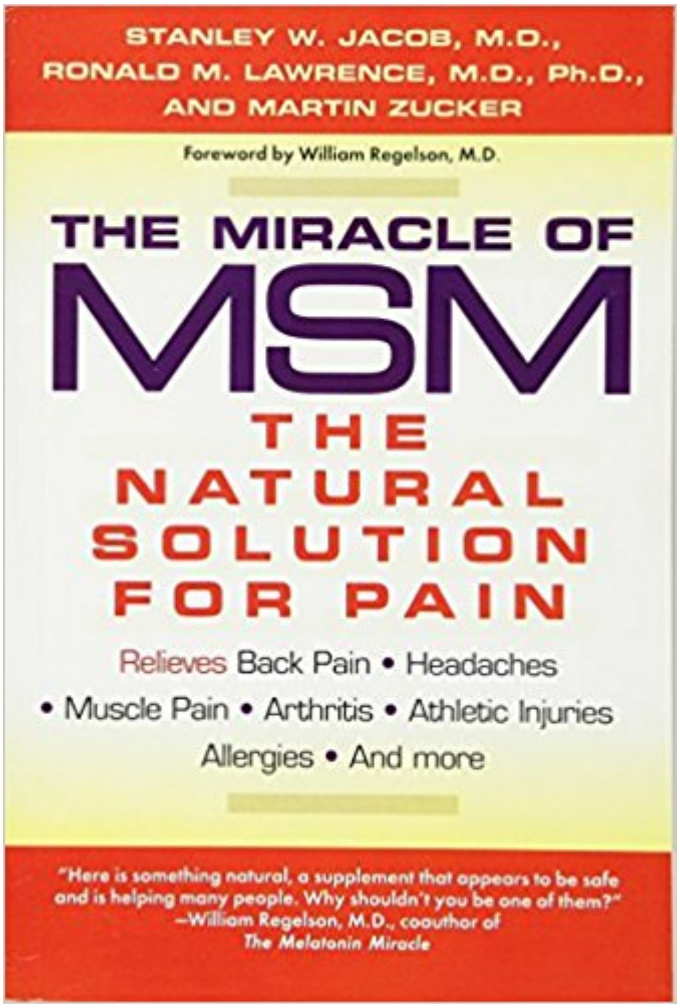
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The Miracle Of MSM: The Natural Solution For Pain



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Synopsis

"Here is something natural, a supplement that appears to be safe and is helping many people. Why shouldn’t you be one of them?"—William Regelson, M.D., co-author of The Melatonin MiracleMSM, or methylsulfonylmethane, is the first safe, natural, side-effect-free remedy for many types of pain and inflammatory conditions. In this authoritative look at MSM, Drs. Stanley Jacob and Ronald Lawrence reveal how to tap into the benefits of this amazing "miracle" compound. Experienced in the successful treatment of thousands of patients for pain, they explain how to take MSM—how much, when, with what foods, and in what form—to relieve pain in its many varieties, including:Degenerative arthritisChronic back painChronic headacheMuscle painFibromyalgia Tendintis and bursitisCarpal tunnel syndromeTMJPost-traumatic pain and inflammationAllergiesand more

Book Information

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Customer Reviews

THERE’S NO REASON TO SUFFER. GET THE MIRACLE OF MSM WORKING FOR YOU...MSM, or methylsulfonylmethane, is the first safe, natural, side-effect-free remedy for many types of pain and inflammatory conditions. In this authoritative look at MSM, Drs. Stanley Jacob and Ronald Lawrence reveal how to tap into the benefits of this amazing "miracle" compound. Experienced in the successful treatment of thousands of patients for pain, they explain how to take MSM -- how much, when, with what foods, and in what form -- to relieve pain in its many varieties, including: DEGENERATIVE ARTHRITIS -- CHRONIC BACK PAIN -- CHRONIC HEADACHE -- MUSCLE

PAIN -- FIBROMYALGIA -- TENDINITIS AND BURSITIS -- CARPAL TUNNEL SYNDROME -- TMJ -- POST-TRAUMATIC PAIN AND INFLAMMATION -- ALLERGIES AND MORE

Stanley W. Jacob, MD, was the director of the DMSO clinic and the Gerlinger professor of surgery at Oregon Health Sciences University in Portland. He was the author of The Miracle of MSM. He passed away shortly after his 91st birthday.

This is a very helpful book. I was blessed to read it and I have benefited greatly by taking MSM. I have less pain in my joints and more energy. Also, I gave this book as a gift to my father in law who suffers from chronic shoulder pain. I packaged it up with some Jarrow MSM powder + Solaray Vitamin C. He loved it and he’s been taking it daily.

Great book to go along with the MSM I buy. (Kala Brand) Very informative and lots of personal stories of healing. Been on MSM for @ 6mos now and feel great!!

This book is worth its weight in gold. I discovered this "gem" when I worked at the Central Library in Los Angeles. As a person who had a severe case of osteoarthritis I sought out every means possible for relief from the debilitating, unbearable pain I was suffering.All the injections from MDs and the pharmaceutical "poison" they were prescribing were nothing but a slow road to death. But after reading this miracle book of Dr. Jacob’s I was finally on the road to an all-natural, non-toxic recovery. After using MSM to treat myself and seeing how powerful and effective it was while having no negative side-effects, I began sharing it with my wife for her screaming, painful monthly menstruation periods. Again, MSM proved effective. I then began sharing it with my martial arts students who complained about various pains. Once again, MSM proved to stem various pains effectively with no side-effects.This is what lead to the creation of my Heaven’s Palm Pain KNOCKOUT! One of the most innovative lotions one can have on the shelf.-- Coach MelvinChief Instructor, Heaven’s Palm Boxing Association,and Award-winning Author

Well written and very helpful book about a marvelous natural compound that can alleviate so many ailments and painful conditions. I was able to stop using my asthma inhaler since taking this supplement (but keep it around as a precaution). A must read for anyone living with a painful condition who would like to use a natural pain killer with no detrimental side effects.

I have been using MSM for a decade for cell membrane permeability support.Can’t go wrong with MSM, except consider getting bulk for horses at a local feed store

Great information on an important solution for chronic pain! You won’t find many in mainstream medicine caring enough to tell you, if they even know about it. MSM really works!!

A good follow-up to either Mr. Scott’s or Mr. Morton’s books on DMSO. For those situations where DMSO cannot be used, for either legal or medical reasons, MSM could still offer some hope of prevention or treatment, since it is a milder and FDA approved derivative of DMSO, easily procured from any drug or health food store.

i bought this so I could understand how to control inflammation. This book is full of great info and keeps me off the heavy duty meds that harm your kidney

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